

# HAT C HAT

*So, what do you think?*

01

Our greatest  
super power is  
our ability to help  
one another.



At school we hear a lot about *'independence'*. We have created this myth that: Being independent is to be strong. It's partly true and partly false.

True because independence makes us feel confident, courageous, and competent. False because we humans are a social species, we literally can't survive by ourselves. Trying to do life alone is a bad strategy.

The happiest and strongest people amongst us are not the independent ones. They're the ones who are both independent AND inter-dependent.

An inter-dependent person will care for someone one day and lean on someone for help another. Helping and supporting one another is simply what humans do.



# LEARNING INTENTION

To understand the concept of 'inter-dependence'.

# CONVERSATION STARTERS

## ME RELEVANCE

- 1) What are some specific ways a friend has helped you in the past week?
- 2) What are some specific ways you have helped a friend in the past week?

# CONVERSATION STARTERS

## HOT QUESTIONS

- 1) Why is inter-dependence so important in communities?
- 2) What are some of the challenges with inter-dependence?
- 3) Why do you think teachers and parents tend to talk more about independence than inter-dependence?

# CONVERSATION STARTERS

## SCHOOL FEEDBACK

- 1) Do you notice your teachers helping others?
- 2) What are some great ways teachers can help students?
- 3) In what ways do you think teachers are inter-dependent?

# EXPERIENTIAL ACTIVITIES

## ROLE-PLAY

- 1) A person unsuccessfully asking a friend for help.
- 2) A person skilfully and successfully asking a friend for help.
- 3) A small group of friends showing examples of inter-dependence.



# EXPERIENTIAL ACTIVITIES

DEBATE

Independence is over-rated.

---

# EXPERIENTIAL ACTIVITIES

## QUIZ

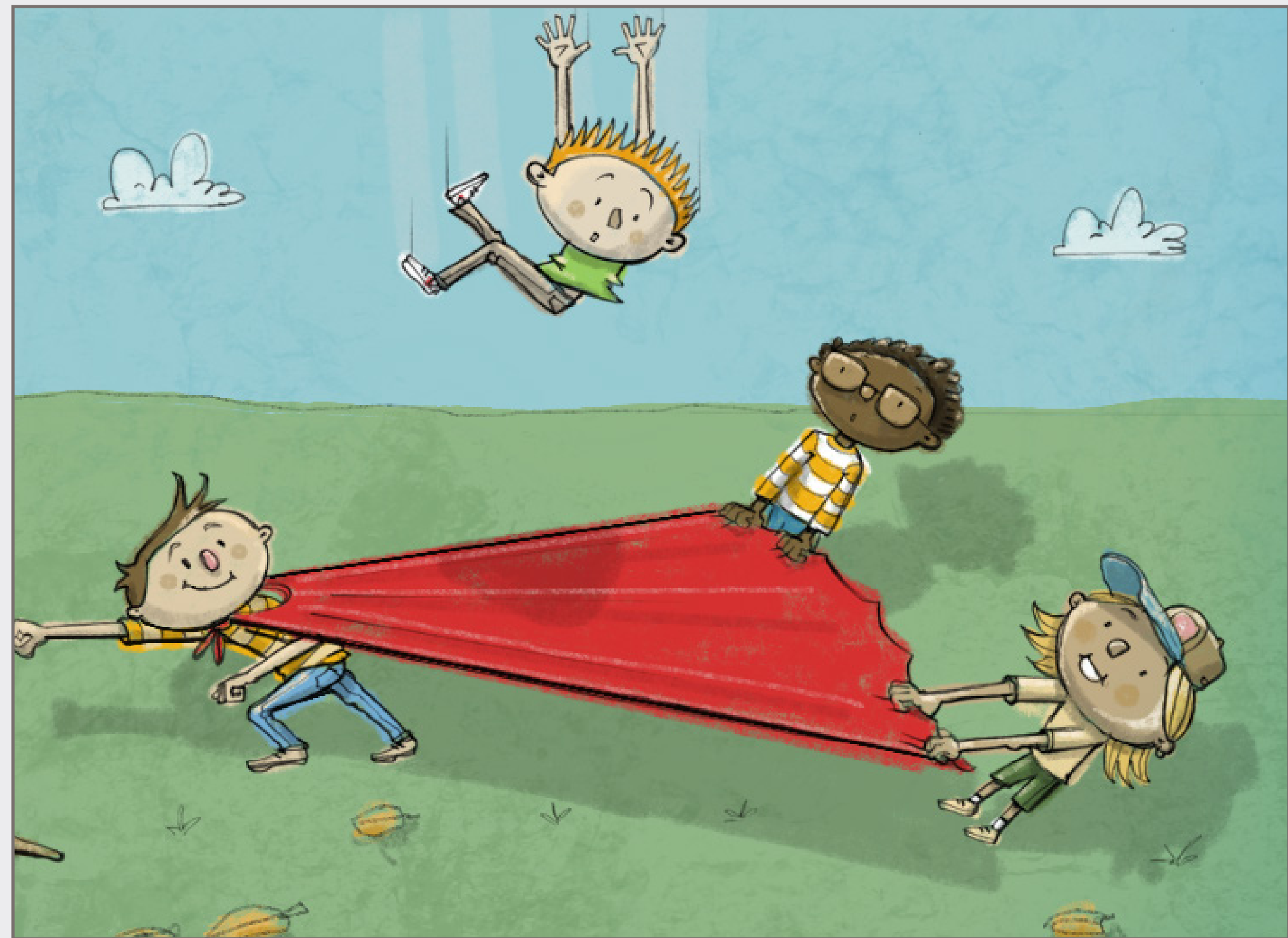
### QUESTION 1)

How many people are in the drawing?

# EXPERIENTIAL ACTIVITIES: QUIZ

ANSWER 1)

4



# EXPERIENTIAL ACTIVITIES: QUIZ

## QUESTION 2)

What colour t-shirt is the teen who is falling wearing?

# EXPERIENTIAL ACTIVITIES: QUIZ

ANSWER 2)

**GREEN**

---



# EXPERIENTIAL ACTIVITIES: QUIZ

## QUESTION 3)

It's not just the teen falling off the tree, what else is falling off the tree?

# EXPERIENTIAL ACTIVITIES: QUIZ

ANSWER 3)

# LEAVES

---



# EXPERIENTIAL ACTIVITIES: QUIZ

## QUESTION 4)

Who is watching on?



# EXPERIENTIAL ACTIVITIES: QUIZ

ANSWER 4)

## A SQUIRREL

---



# EXPERIENTIAL ACTIVITIES: QUIZ

## QUESTION 5)

Each of the 'catching' teens is wearing something extra – one has a cape, one has glasses, and one has ...?

# EXPERIENTIAL ACTIVITIES: QUIZ

ANSWER 5)

A HAT

---



# PERSONAL REFLECTIONS

## JOURNAL PROMPT

- 1) How does this HAT relate to me?
- 2) How does this HAT relate to my class, or my family?
- 3) How does this HAT relate to my school?

# PERSONAL REFLECTIONS

## MAGIC WAND

- 1) If you could do one thing to become more inter-dependent, what would it be?
- 2) If your school could do one thing to help students feel more comfortable asking for help, what would it be?

# PERSONAL REFLECTIONS

## SUMMARY

Write your personal 14 word summary for this HAT.

*Example: "I have this super power but I need to let others help me more."*

01

Our greatest  
super power is  
our ability to help  
one another.



*Thanks for the ....*

HAT **C** HAT

